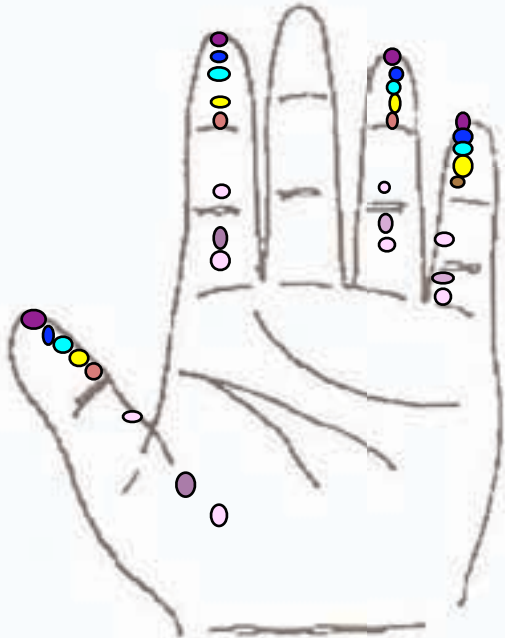


## ENDOCRINE POINTS #2

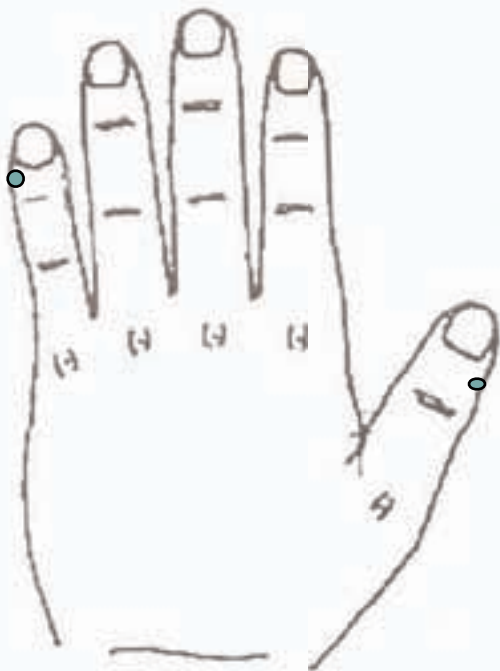
Hold each set 5 to ten minutes daily for a week to recreate strength in the glands.



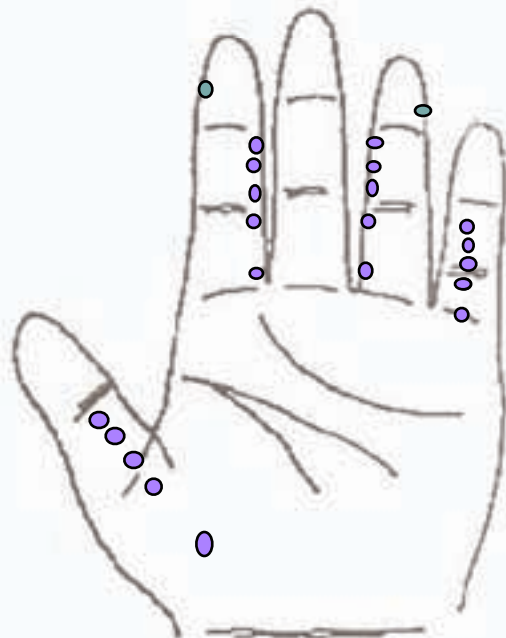
Vomer nasal: LV 1, PC 9  
 Pituitary, anterior: Lv 2, PC 8  
 Pituitary, intermediate: LV 3  
 Pituitary, posterior: LV 3A, PC 8:  
 Parathyroid: LV 4 & PC 7



Ovaries, Testes: LV8, PC 3:  
 Estrogen, Testosterone  
 LV 9 & above PC 3: Progesterone,  
 Androstendione



Paratid: K4 & HT8



Thymus, lower: SP 6  
 Thymus Upper: SP 7 & 8  
 Sublingual: SP 9 & LU 5  
 Salivary glands: Sp 10  
 Sweat glands: SP11 & LU 3